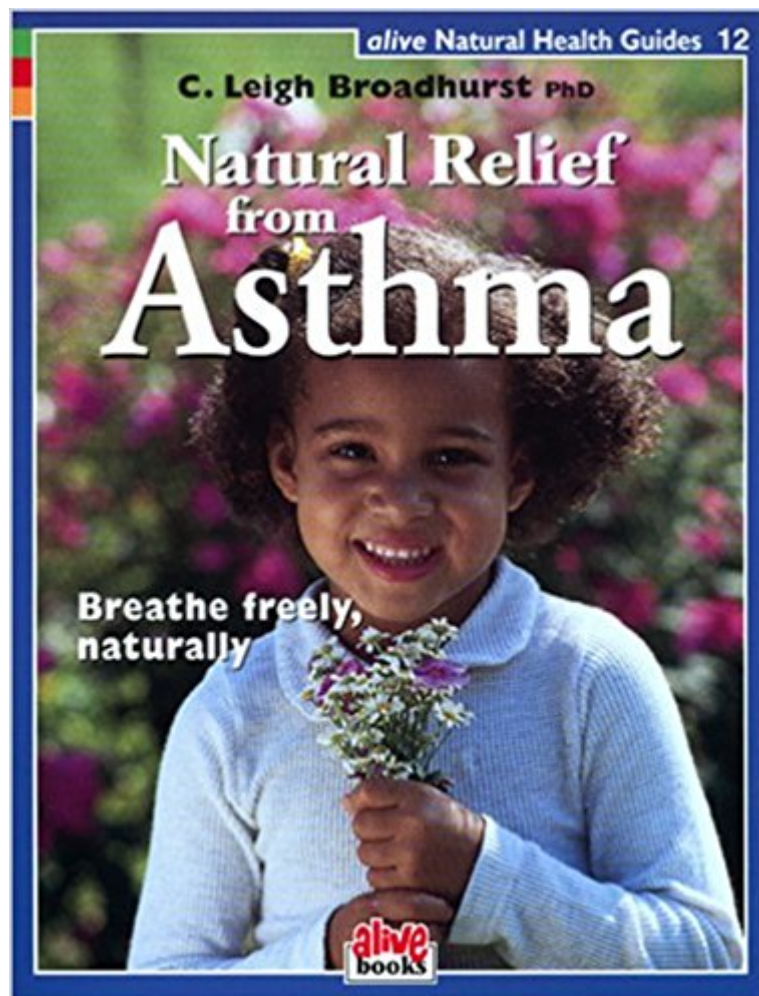




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Natural Relief From Asthma (Natural Health Guide) (Alive Natural Health Guides)



Synopsis

Dr. Broadhurst offers a wealth of easy-to-understand and practical information in the book, which explains the causes of asthma and how to bring about relief, successfully and naturally. Readers will learn about: the problem with "puffers," the asthma-allergy link, lifestyle factors contributing to asthma, prevention and treatment.

Book Information

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Customer Reviews

My wife has asthma. I've been taking real care of her in the last 2 years. This is not a book, it's a magazine. The information is very poor, and wrong. don't like to spend money on this one. Go learn something good about asthma in another books.

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